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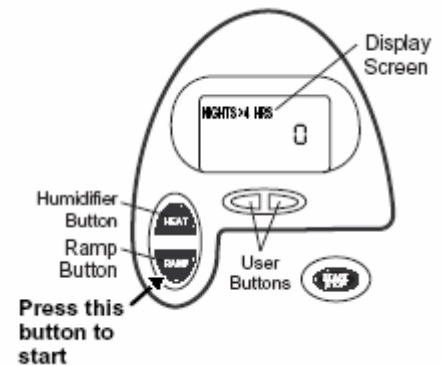
Department of Sleep Medicine

FOSQ Instructions for Remstar Auto

If your health care professional or home care provider instructs you to complete the FOSQ “quality of life” questionnaire, you can enter your answers into the REMstar Auto.

1. Make sure that the SmartCard is installed in the side of the REMstar Auto. Answers to the questionnaire are saved onto the SmartCard. In the lower right corner of the screen, a SmartCard symbol will appear so that you know the SmartCard has been installed properly.

Press and hold down the ramp button.



2. “Nights > 4 Hrs” will appear on the display screen and flash. **Press the left user button.**

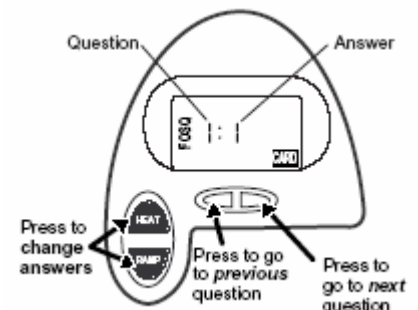
FOSQ will appear on the display screen and flash. **Press the humidifier button.**

You can now begin answering the questionnaire.

3. The number of the question will appear to the left of the colon, and the answer will appear to the right. Using the FOSQ brochure (from your home care provider), read each question. The answer selection will be printed below the question.

Press the humidifier or ramp button to change the answer.

Press the right user button to go to the next question. Press the left user button to go to the previous question if needed.



4. After all of the questions have been answered, press the right user button to exit the questionnaire.