

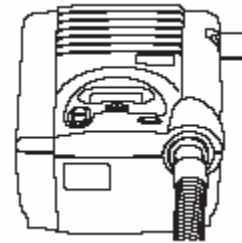


*Department of Sleep Medicine*

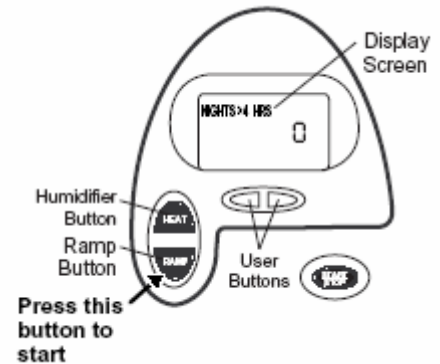
***FOSQ Instructions for Remstar Pro and Remstar Pro 2***

If your health care professional or home care provider instructs you to complete the FOSQ “quality of life” questionnaire, you can enter your answers into the REMstar Pro with C-Flex.

**1. Make sure that the SmartCard is installed in the side of the REMstar Pro with C-Flex.** Answers to the questions are saved onto the SmartCard.

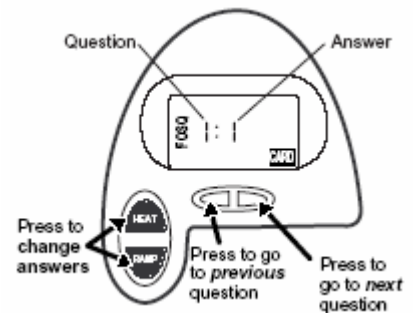


**2. To start the questionnaire, press and hold the ramp button until the REMstar Pro with C-Flex beeps (the airflow must be turned off). The number of nights the REMstar Pro with C-Flex was used for therapy for more than 4 hours will appear.** This screen is only for reference. Press the right user button.



**3. The word FOSQ will appear on the display and flash.** In the lower right corner of the screen, the word “Card” will appear so that you know the SmartCard has been installed properly.

**Press the humidifier button.** The word FOSQ will stop flashing. The number of the question will appear to the left of the colon, and the answer will appear to the right and flash. Using the FOSQ brochure (from your home care provider), read each question. The answer selection will be printed below the question.



**Press the humidifier or ramp button to change the answer.**

**Press the right user button to go to the next question. Press the left user button to go to the previous question if needed.**

**4. After all of the questions have been answered, press the right user button to exit the questionnaire.**